



city of **m**anchester aquatics swim team

THE MANCHESTER OPEN 2012

This competition is promoted by The City of Manchester Aquatics Swim Team (COMAST), and will be held under Amateur Swimming Association (ASA) laws, and FINA Technical Rules of Racing. The event is Licensed Level 1 Meet (1NW2307) by the ASA for entry into National, District, and County Championships.

Date: Saturday 12th May 2012 & Sunday 13th May 2012

Venue: Manchester Aquatics Centre
2 Booth Street
Manchester
M13 9SS

Facility: 50 meter, 8 Lane, constant 2 meter water depth deck level pool with anti wave lane ropes, continuous 25m, 6 lane warm up/swim down facilities. Omega electronic timing with electronic display, Hy-Tek Meet Manager 3 meet software.

Events: 50m, 100m, 200m, and 400m Freestyle;
50m, 100m, and 200m Butterfly, Backstroke, and Breaststroke;
200m and 400m IM.

Heats will be run with all age groups seeded together, slowest to fastest on submitted entry times. All events **are heat declared** in age group categories.

Session Times:

Session 1 – Saturday 12 th May 2012	08:00 warm up – 09:00 start
Session 2 – Saturday 12 th May 2012	13:30 warm up – 14:30 start
Session 3 – Sunday 13 th May 2012	08:00 warm up – 09:00 start
Session 4 – Sunday 13 th May 2012	13:30 warm up – 14:30 start

Consideration Times: Entry times for this meet are as stated in the National Licensing Guidelines. Swimmers must have achieved these times in order to qualify for entry. The promoter reserves the right to restrict the number of entries in order to meet the restrictions in pool time.



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Age Groups: Individual event age groups;

Boys: 10/11, 12, 13, 14, 15/16, and 17 years and over

Girls: 10/11, 12, 13, 14/15, and 16 years and over.

Age on the day will be as of midnight on 13th May 2012

Awards: The first, second, and third placed swimmers in each individual age group event shall be awarded gold, silver, and bronze medals respectively.

British Age Group Categories (BAGCAT) (Boys 10 – 14 years, and Girls 10 – 13 years) awards will be made to competitors placed first in each age group. FINA points will be awarded for each event in which a swimmer achieves a time. The highest point scoring event in each category will be added together to give an overall BAGCAT score.

Boys 15 years and over, and girls 14 years and over awards will be made to competitors placed first in each age group. FINA points will be awarded for each event in which a swimmer achieves a time and their best four events will be added together to give an overall score.

There will be an award for the overall Best Club based upon FINA points scored. With teams with more than four swimmers an average score of each team member scoring to give an overall score (Total number of FINA points scored divided by number of competitors).

Entries: All entries must show clearly the swimmers full date of birth, ASA registration number, and club name.

COMAST reserves the right to restrict entries in the interests of safety, time constraints, and to ensure the smooth running of the competition. Where this rule is invoked the swimmers with the fastest submitted times shall take precedence. Events chosen for restriction will be at the discretion of COMAST. Refunds for entries not accepted will be available for collection at the start of the meet.

Submitted entry times shall be used for seeding and rejection purposes as required. All submitted times must be Long Course times or



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converted Short Course times. Once an entry has been submitted improved times will not be accepted.

As soon as possible after the closing date for the competition each club will be sent by email details of their entries stored by the meet management software. These should be used to cross check the accuracy of those entries and to allow any necessary corrections to be made. The final gala programme will be produced as a result of any corrections that are received.

This is a cardless meet – No cards will be issued

Closing Date: The closing date for entries is **Friday 13th April 2012.**

Clubs submitting entries for 10 or more swimmers must submit their entries using the Hy-Tek system. Paper entries will incur an additional 50p per entry where entries are not received electronically.

The Hy-Tek meet entry file can be downloaded from www.cityofmanchesteraquatics.co.uk.

The entry file, together with entry fees, one combined cheque per club please, and club summary entry form should be sent to:

Beverly Brown
COMAST Meet Secretary
1 Southway
Droylsden
Manchester
M43 6EH

Email: comastopenmeet@gmail.com

Entry Fee: £6.00 per event – Electronic Entries/Paper entries for clubs with 10 and fewer swimmers.
£6.50 per event for Paper Entries for clubs submitting 10+ swimmers



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Poolside Pass: Each coach/team manager requiring access to poolside must be in possession of a pass issued by COMAST. It is mandatory that all coaches/team managers comply with the relevant ASA Child Protection Procedures and have an up to date CRB certificate.

Passes will be issued in the name of the club and are transferable between club personnel. Clubs must purchase sufficient poolside passes so that all of their team staff members are in possession of a pass when they are on poolside.

It would be most helpful if the names of those individuals who will use the passes could be given, although it is accepted that this may not be completely achievable.

Coaches/Team managers pass (to include poolside access, programme, and results sheet) is £15.00 for the weekend.

Withdrawals: Coaches/Team Managers or swimmers **MUST** notify the recorders of any swimmers withdrawing from an event before the warm-up for the session in which the event is due to be swum.

Photography: In accordance with ASA Child Protection Policy any person wishing to engage in the use of video, zoom, or close range photography must register at the entrance desk. You will be issued with a tag for your photographic equipment and this must remain attached within the building.

Results: Live results will be posted at www.cityofmanchesteraquatics.co.uk

Other: Competitors are responsible for presenting themselves to the Stewards one event prior to the race in which they are competing. **It is the swimmers responsibility to be at the start in time for the race.**

Entries will be audited against the rankings published by the ASA and any club may be challenged to demonstrate the authenticity of the information provided.



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All persons are required to ensure that they observe all safety announcements and conduct themselves with safety in mind at all times.

You are strongly advised not to leave clothes or property around, and to use the lockers in the changing area. The Promoters or Pool management will not be held responsible for any loss or damage caused.

Both competitors and members of the general public share the changing facilities.

The Promoters or Pool Management reserve the right to refuse admission to any competitor or spectator.

A swim shop will be in operation throughout the gala.

Parking is available at the rear of the pool and in the multi-storey car park across the road from the pool

****Please do not park in front of the entrance to Manchester Aquatics Centre. Clamping/Fine payable****



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MANCHESTER OPEN 2012 – PROGRAMME OF EVENTS

SESSION ONE		
SATURDAY 12TH MAY 2012 – WARM UP 08:00 START 09:00		
101	Boys	400m Individual Medley
102	Girls	200m Freestyle
103	Boys	50m Butterfly
104	Girls	50m Breaststroke
105	Boys	100m Backstroke
106	Girls	100m Freestyle
107	Boys	200m Breaststroke
108	Girls	200m Backstroke
SESSION TWO		
SATURDAY 12TH MAY 2012 – WARM UP 13:30 START 14:30		
209	Boys	400m Freestyle
210	Girls	200m Individual Medley
211	Boys	50m Backstroke
212	Girls	50m Freestyle
213	Boys	100m Breaststroke
214	Girls	100m Butterfly
215	Boys	200m Butterfly
SESSION THREE		
SUNDAY 13TH MAY 2012 – WARM UP 08:00 START 09:00		
316	Girls	400m Individual Medley
317	Boys	200m Freestyle
318	Girls	50m Butterfly
319	Boys	50m Breaststroke
320	Girls	100m Backstroke
321	Boys	100m Freestyle
322	Girls	200m Breaststroke
323	Boys	200m Backstroke
SESSION FOUR		
SUNDAY 13TH MAY 2012 – WARM UP 13:30 START 14:30		
424	Girls	400m Freestyle
425	Boys	200m Individual Medley
426	Girls	50m Backstroke
427	Boys	50m Freestyle
428	Girls	100m Breaststroke
429	Boys	100m Butterfly
430	Girls	200m Butterfly



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MANCHESTER OPEN 2012 - LONG COURSE (50M) CONSIDERATION TIMES

Boys	10/11 years old	12 years old	13 years old	14 years old	15/16 years old	17 years & over
50m Freestyle	00.34.3	00.32.4	00.30.9	00.29.7	00.28.0	00.27.6
100m Freestyle	01.13.4	01.08.3	01.05.6	01.03.7	01.01.2	00.59.9
200m Freestyle	02.36.3	02.30.8	02.19.6	02.18.7	02.12.9	02.10.8
400m Freestyle	05.30.2	05.15.1	05.00.1	04.53.1	04.37.8	04.35.7
50m Breaststroke	00.44.7	00.41.4	00.39.0	00.37.6	00.36.1	00.35.2
100m Breaststroke	01.34.8	01.28.2	01.23.3	01.20.5	01.17.4	01.16.0
200m Breaststroke	03.25.5	03.12.1	03.01.1	02.53.7	02.47.5	02.44.5
50m Butterfly	00.38.0	00.35.5	00.33.6	00.32.4	00.30.8	00.30.1
100m Butterfly	01.22.7	01.17.0	01.12.5	01.09.4	01.06.4	01.05.2
200m Butterfly	03.04.5	02.50.9	02.41.0	02.33.6	02.26.4	02.24.5
50m Backstroke	00.40.0	00.37.8	00.35.9	00.34.0	00.32.8	00.32.3
100m Backstroke	01.23.5	01.18.5	01.14.3	01.11.7	01.08.4	01.07.9
200m Backstroke	02.58.8	02.48.7	02.40.6	02.34.3	02.26.9	02.26.7
200m Individual Medley	03.01.01	02.50.0	02.41.4	02.36.5	02.29.1	02.27.9
400m Individual Medley	06.19.0	06.02.6	05.35.5	05.31.5	05.16.4	05.14.5



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Girls	10/11 years old	12 years old	13 years old	14/15 years old	16 years old & over
50m Freestyle	00.34.6	00.33.4	00.32.4	00.31.3	00.31.2
100m Freestyle	01.13.0	01.10.0	01.07.9	01.06.4	01.06.3
200m Freestyle	02.37.4	02.30.3	02.25.2	02.23.4	02.20.8
400m Freestyle	05.34.0	05.14.5	05.06.7	05.00.1	04.55.9
50m Breaststroke	00.44.4	00.42.1	00.40.9	00.39.3	00.39.1
100m Breaststroke	01.34.7	01.29.6	01.26.6	01.25.1	01.24.6
200m Breaststroke	03.24.1	03.14.6	03.06.3	03.03.6	03.01.7
50m Butterfly	00.38.1	00.36.5	00.35.0	00.33.8	00.33.6
100m Butterfly	01.22.8	01.18.6	01.16.0	01.14.2	01.12.7
200m Butterfly	03.05.4	02.54.3	02.46.1	02.42.5	02.39.5
50m Backstroke	00.40.0	00.38.4	00.37.6	00.36.0	00.35.6
100m Backstroke	01.24.1	01.19.8	01.17.5	01.14.9	01.14.3
200m Backstroke	02.57.5	02.49.1	02.44.1	02.38.7	02.37.9
200m Individual Medley	02.59.4	02.51.1	02.45.4	02.42.1	02.41.3
400m Individual Medley	06.25.0	06.07.1	05.55.2	05.38.9	05.36.8